

# ANNUAL REPORT 2020

# OREGON FREE CLINICS



## Executive Summary

Free Clinics in Oregon serve the most vulnerable residents in each community we serve. Our patients include the low income, uninsured or underinsured, those unable to afford the remaining premium for individual insurance through the Affordable Care Act, immigrants, and non-English speakers. Often, the patients we serve make the difficult decision every day between putting food on the table or going to the doctor for needed health care.

2020 was an unusual year for the free clinics as COVID-19 provided many challenges. Each free clinic responded in a way that matched their clinic resources with their community needs. We learned that **telehealth appointments enabled our patients to get care during break or lunch times, saving travel time as well as minimizing the time away from paid employment for medical care.**

Free Clinics in Oregon are part of a national effort to assure that the most vulnerable patients in our communities have access to needed health care services

## OVERVIEW:

In 2020, Oregon Free Clinics served:

- \*5,000 unique patients
- 25,000 patient appointments (in-person and telehealth)
- \$2,000,000 in prescription medications
- 18,000 hours of volunteer clinical care, interpretive and administrative services
- 48% patients served were non-English Speakers. Spanish was the most common language; other languages included Russian, Somali, and Arabic.

## OREGON FREE CLINICS

Each free clinic determines the services provided based on their local community. Clinic services may include primary and specialty medical care, dental care, behavioral health care, vision care, medication management, nutrition counseling and access to low to no-cost prescription medications.

A critical component of every free clinic are the volunteer licensed health care providers who provide free care to their neighbors and community members. In addition to volunteer health care providers, volunteers also provide interpretive services, and administrative support.

Access to medications to support the health care being provided is a critical aspect of some of the free clinics. Clinics may have a dispensary or charity pharmacy, assist patients with Pharmacy Assistance Programs or may refer patients to local resources for help with medications

### *Our Stories:*

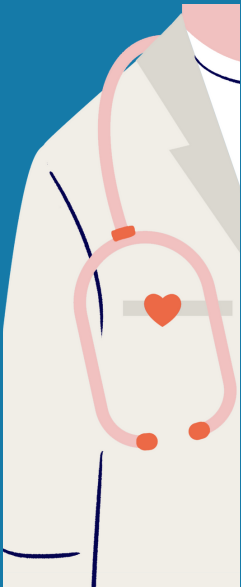
*Each one of the Free Clinics was an important partner in addressing COVID in its community, providing vaccine support to the most vulnerable of our front line workers.*

*VIM-Cascades, at the request of the local health department, recruited, scheduled and managed the volunteers for the COVID-19 mass vaccine clinic at the Deschutes County fairgrounds. They managed over 1,400 volunteers and provided over 30,000 hours of service to the county.*



*Good News Community Health Center has a female patient with high blood sugar. She wanted to try to improve her blood sugar levels - and avoid medications - with the support of her volunteer physician. Her physician helped her with diet, nutrition education, exercise coaching and mentoring. Through hard work and commitment, she has been able to become healthier AND manage her blood sugar without insulin.*

## Free Clinics in Oregon



\*Borland Free Clinic – serving Stafford/Tualatin

[www.borlandclinic.org](http://www.borlandclinic.org)

\*Clackamas Volunteers in Medicine – serving Clackamas County

[www.clackamasvim.org](http://www.clackamasvim.org)

\*Good News Community Health Center – serving Rockwood/East Multnomah County

[www.goodnewschc.org](http://www.goodnewschc.org)

\*Salem Free Clinic – serving Marion and Polk Counties

[www.salemfreeclinics.org](http://www.salemfreeclinics.org)

\*Volunteers in Medicine – Cascades – serving Bend, Deschutes and Jefferson and Crook Counties

[www.vim-cascades.org](http://www.vim-cascades.org)

\*Volunteers in Medicine Clinic of Lane County – serving Springfield and Lane County [www.vim-clinic.org](http://www.vim-clinic.org)

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